

Better Back™ Inversion Program Mat



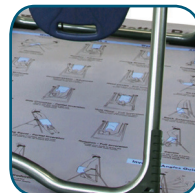
Teeter already offers the best-rated, most customizable inversion tables on the market thanks to over 30 years of engineering evolution – so what could make them better? The Better Back Inversion Program Mat not only provides non-skid protection for hard floors, but it also puts 24 illustrated stretches and exercises within view while you are inverted. The detailed drawings on the mat offer a simple, quick-reference guide so you can make the most of your Teeter Inversion Table!

Unique or Added Value Features



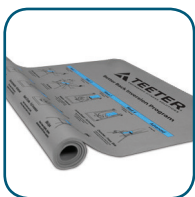
29 Illustrated Movements

Detailed drawings printed on the mat surface offer a quick-reference guide within view while inverted.



Progressive Fitness Program

Features inverted stretches at 30°, 45°, and 60° up to advanced exercises at 90° (full inversion) plus an inversion angle guide.



Dual Purpose

Use with the Teeter Inversion Table or reverse for an oversized yoga/exercise mat.

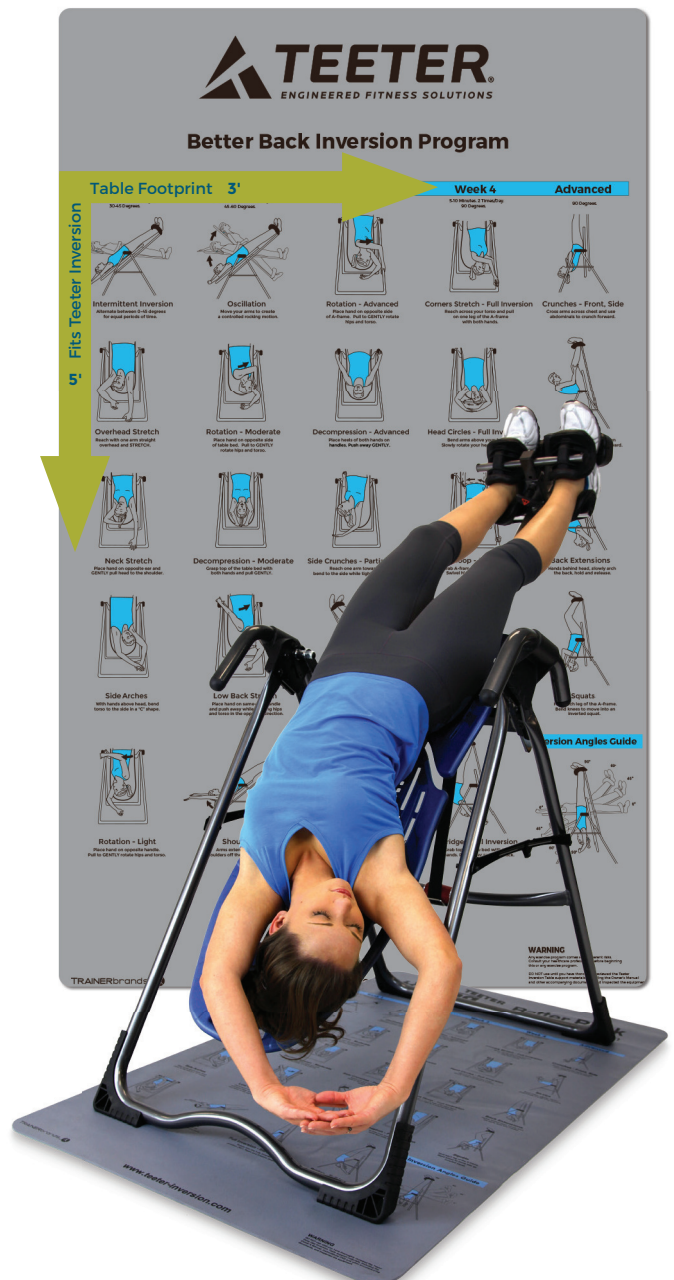
Built for the Benefits

Protects Floors

Designed to fit any Teeter inversion table footprint, the floor mat offers non-skid protection for hard floors.

Durable Material

Washable, non-slip, latex-free mat with mesh insert for extra strength.



Product Dims	60" x 36" x .16" (152.4 x 91.4 x .4 cm)	
Packaged Dims	36.4" x 4.2" x 4.3" (92.5 x 10.7 x 11 cm)	37.4" x 13.6" x 9.4" (95 x 34.5 x 23.9 cm)
Master Pack Qty	6	
Packaged Weight	3.5 lb (1.6 kg)	23.6 lb (10.7 kg)
Item/UPC	IM1001 / 759265000637	